

## Reminder:

### Participants in the Polygraph Investigation

#### ***Individuals undergoing a polygraph test should keep the following in mind:***

- Whenever possible, ensure a restful night's sleep to be well-rested before the examination. The typical duration of the test ranges from 1 to 2 hours.
- Refrain from any attempts to deceive the examiner, as such actions will be deemed as opposition, leading to the cessation of the research process.
- Avoid using tranquilizers, psychotropic substances, or alcohol on the evening before the test. Such actions may be interpreted as deliberate attempts to distort the gathered data.
- It is imperative to sign a voluntary consent form prior to the test; without this, the procedure will not proceed.
- Ahead of the study, the polygraph examiner will outline the scope of questions to be addressed.
- The questions posed by the polygraph examiner will exclusively relate to the study's objectives. Importantly, inquiries about sexual preferences, political viewpoints, and religious beliefs are strictly excluded.
- During the polygraph study session, it is permissible for the employer or the respondent's representative, in the presence of the specialist and the respondent, to attend. They must adhere to the directives of the polygraph examiner and refrain from interfering with the examination process.
- The study is a benign process conducted under specific protocols, during which a person's physiological reactions are recorded and assessed using a polygraph.
- Responses to questions from the specialist should be limited to "Yes" or "No" answers only. Identical questions might be posed multiple times to mitigate random responses.
- The outcomes obtained carry a probabilistic nature and furnish indicative value for the study's client, who retains the autonomy to determine the relevance of considering the indicative information.

#### ***Restrictions on Conducting a Polygraph Study:***

1. Individuals under the age of 14 are excluded from participation. Those aged 14 to 16 can only undergo investigation for serious crimes in the presence of their parents or legal guardians.
2. Individuals displaying significant physical or mental fatigue are ineligible.
3. Individuals with mental illnesses or disorders are ineligible.
4. Individuals with conditions related to cardiovascular or respiratory system disorders are ineligible.
5. Individuals who are under the influence of alcohol or narcotics are ineligible.
6. Pregnant women in the latter half of pregnancy are ineligible.

Note on what I need to do and what I cannot do before undergoing a polygraph study has been received (a), studied (a), and I commit to comply with it. In the event of a violation of the provisions of the note, I understand that this will be considered deliberate opposition to the research procedure.

Date \_\_\_\_\_ Signature \_\_\_\_\_ Full Name \_\_\_\_\_